



GRANDMOTHERS HEALING HAKA POU UIRA

Rhythm Drum Haka Wānanga

Activate Your Potential

Saturday 24 August - Sunday 25 August

Pou Uira Healing Haka provides a weekend wānanga and Marae experience to assist you to activate your potential and to get in touch with the divine energy that streams through yourself and all life. Elements presented include:

- Ways to integrate Te Taha Wairua into daily life to become more complete again.
- Body exercises, healing haka, rhythm, waiata, meditation and karakia.
- Going back to IO purapura, the pure essence of all existence.
- Enhancing our relationship with the pure essence within us.
- Teachings based on Te Ao Māori and universal laws of human existence.
- There will be time for questions, reflections and processing.

PRESENTERS:



Ojasvin Kingi Davis from the people of Ngaitupoto, Ngatihine and Ngapuhi. His whakapapa reaches back to the stream of Waitaha and during his upbringing he was immersed in his living culture. In 1998 he began studying Yoga of Integral Learning Intuitive Doing with his teacher Shin.

Waimaania Iris Häusermann Davis was born and raised in Switzerland with Rudolf Steiner schooling. She became a public teacher before studying theatre and dance. Since 2003 Iris has dived into the Maori culture, and was given her Maori name Waimaania after her Karanga studies.

Both Ojasvin and Waimaania are certified teachers for Yoga of Integral Learning Intuitive Doing from the school Min-I.L.I.T. They created the Grandmothers Healing Haka Integral Learning Practice, which they have been co-teaching around the world since 2004.

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|-----------------------|---|
| Venue: | Taua Moana Marae (Jim Titchener Parade) Devonport, Auckland |
| When: | Saturday 10am - Sunday 4pm: 24-25 August |
| Fee: | \$230 (includes all meals and Marae accommodation) |
| Payments to: | Kiwibank a/c GMHH TRUST 38-9011-0243922-03 or cheque to Grandmothers Healing Haka, PO Box 36503, Northcote, Auckland 0748 |
| Enquiries | gmhnhz@gmail.com or Fay Lilian 021 1811063 |
| Registrations: | Complete the form below and email to: gmhnhz@gmail.com |

Registration Form

Pou Uira - Activate Your Potential

Drum, Rhythm & Healing Haka Wānanga

Saturday 10am 24 August - Sunday 4pm 25 August

Taua Moana Marae, Jim Titchener Parade, Devonport, Auckland

Name Mobile

Email Address

I am aged between?

☐

19 – 29

☐

30 – 55

☐

56 +

I will be travelling by from

.....

I heard about this wānanga through

.....

☐

\$230 Fee (includes all meals and Marae accommodation)

Meals include vegetarian and low-sugar options.

Some other dietary needs can be provided for an additional fee. Please indicate below.

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\$20 additional fee for: gluten free / dairy-free / vegan (please select)

I confirm that the above fee has been paid:

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to Kiwibank a/c GMHH Trust 38-9011-0243922-03 (put Pou Uira and your name)

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cheque posted to: Grandmothers Healing Haka Trust, PO Box 36503, Northcote Ak 0627

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Cancellation Policy – I accept that fees are non-refundable after 18 August, and there is \$45 admin charge for cancellation prior to 18 August.

www.grandmothershealinghaka.com