



# POU UIRA

## Rhythm Day & Drum Haka Wānanga

### Activate Your Potential

### Friday 23 August - Sunday 25 August

**Pou Uira Healing Haka** provides a day and evening seminar, a weekend or a three-day wānanga and Marae experience to assist you to activate your potential and to get in touch with the divine energy that streams through yourself and all life. Elements presented include:

- Ways to integrate Te Taha Wairua into daily life to become more complete again.
- Body exercises, healing haka, rhythm, waiata, meditation and karakia.
- Going back to IO purapura, the pure essence of all existence.
- Enhancing our relationship with the pure essence within us.
- Teachings based on Te Ao Māori and universal laws of human existence.
- There will be time for questions, reflections and processing.

#### PRESENTERS:



**Ojasvin Kingi Davis** from the people of Ngaitupoto, Ngatihine and Ngapuhi. His whakapapa reaches back to the stream of Waitaha and during his upbringing he was immersed in his living culture. In 1998 he began studying Yoga of Integral Learning Intuitive Doing with his teacher Shin.

**Waimaania Iris Häusermann Davis** was born and raised in Switzerland with Rudolf Steiner schooling. She became a public teacher before studying theatre and dance. Since 2003 Iris has dived into the Maori culture, and was given her Maori name Waimaania after her Karanga studies.

**Both Ojasvin and Waimaania** are certified teachers for Yoga of Integral Learning Intuitive Doing from the school Min-I.L.I.T. They created the Grandmothers Healing Haka Integral Learning Practice, which they have been co-teaching around the world since 2004.

**Venue:** Taua Moana Marae (Jim Titchener Parade) Devonport, Auckland

**POU UIRA Drum & Rhythm Day:** Friday 9.30am - 9.30pm  
**\$130** (incl. all meals and Ceremonial Concert)

**POU UIRA Healing Haka Wānanga:** Friday 6pm - Sunday 4pm  
**\$250** (incl. all meals, Ceremonial Concert & Marae Accom.)

**POU UIRA both parts:** **\$330** (incl. all the above) Friday 9.30am - Sunday 4pm

**Payments to:** Kiwibank a/c GMHH TRUST 38-9011-0243922-03 or cheque to Grandmothers Healing Haka, PO Box 36503, Northcote, Auckland 0748

**Enquiries** gmhhnz@gmail.com or Fay Lilian 021 1811063

**Registrations:** *Ctrl+click* [Register Online](#) or email gmhhnz@gmail.com

[www.grandmothershealinghaka.com](http://www.grandmothershealinghaka.com)