

GRANDMOTHERS HEALING HAKA

# POU UIRA

## Drum Haka Seminar 12 - 15 September 2019

De Vleugelhoorn  
Velm , Belgium

Drum, Rhythm, Song, Ceremony



with  
Ojasvin & Waimaania  
of  
Aotearoa - New Zealand

[www.grandmothershealinghaka.com](http://www.grandmothershealinghaka.com)

**HEALING HAKA** promotes health, wellbeing and reflects the learning processes that nature offers. Connecting to these vital learning processes can help to change and transform difficult thought patterns, emotional blockages and shift one's perspective toward mental, emotional and spiritual balance.

**POU UIRA HEALING HAKA:** electric, activating, awakening. It is an initiating *Healing Haka*® dance of transformation, transmitting and activating ancient knowledge through modern day concepts. The Pou Uira Healing Haka is an element from the Grandmothers Healing Haka Charitable Trust's 'Integral Learning Practice' that is practiced in many countries around the world.

**HAKA** is a traditional power dance of the *Maori* people from Aotearoa, New Zealand. It is known for its strong vocal expression and dynamic body language and has become famous in the world through rugby. Each Haka is demonstrating a different message. It is most common for them to express their *wairua* (spiritual) and ancestral origins. It can ground you, bring you confidence, strength and balance.

**SEMINAR CONTENT:** Drum&Rhythm, *Waiata* singing, Haka dance, light structure exercises, meditation, ceremonies of gratitude, *Wananga* transmission of higher learning and sharing of *kai* (food).

**OJASVIN KINGI DAVIS:** Immersed in his vibrant culture throughout his childhood, he was initiated by his ancestors in 1988 to perpetuate the ancestral wisdom of his Maori and Waitaha tradition of Aotearoa-New Zealand. He shares his wisdom through music, dance and Maori design.

**WAIMAANIA IRIS DAVIS:** *Waimaania*, "the one who brings things from darkness to light," received her name when she graduated from Maori Karanga. From family tradition and different backgrounds, she has received the transmission of natural healing methods through prayers, rituals, body work and sacred geometry.

Both are members of the Circle of Wisdom of the Union of Ancestral Traditions and Teachers of Yoga of Integral Learning at Min-I.L.I.T. Together they initiated *Healing Haka*®, created the Haka Rongo Aio Formation, the Grandmothers Healing Haka Integral Learning Practice, and the PAIO Ceremonial Massages, founded Grandmothers Healing Charitable Trust and the GMHH France Association.



### **DATES, TIMES & PRICES:**

19.30h Thursday 12 - Sunday 15 September 17.00h  
€ 540.00, all inclusive; meals, accommodation, hugs&smiles  
€ 495.00 Early Bird (full payment before 15 July 2019)

### **LANGUAGE:**

The seminar is held in English, translation into Dutch / French is possible

### **LOCATION:**

'De Vleugelhoorn', Velmerlaan 119, 3806 Velm (Sint-Truiden), Belgium

### **REGISTRATION&INFORMATION:**

[info@vleugelhoorn.be](mailto:info@vleugelhoorn.be) or Tel.: +32 11 18.24.86.

[www.vleugelhoorn.be](http://www.vleugelhoorn.be), [www.grandmothershealinghaka.com](http://www.grandmothershealinghaka.com)